
In a hurry?
Let us know and we'll ensure
you are eating in 10 minutes or less.

T A B L E

Harlequin Olives *106 kcal (pd)(gf)* | 6

Harrisa Mixed Nuts *601 kcal (pd)(gf)* | 6

Padron Peppers | 6
Sea salt, black pepper 64 kcal (pd)(gf)

Apiary

B A R + E A T E R Y

(v) Vegetarian *(gf)* Gluten Free *(pd)* Plant Based

Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit <https://tkmenus.com/apry>. Vegetarian means these dishes are made from ingredients that do not contain meat or fish. Plant based means these dishes are made from ingredients that do not contain any animal products. Gluten free means these dishes do not contain gluten as an ingredient. However, we do not have dedicated preparation or cooking areas within our kitchen for vegetarian, vegan or gluten free food. *Approximate weight uncooked. †Our fish is a natural product & may contain small bones. Not all ingredients are shown in the dish descriptions. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you to speak to a member of staff if you have any food allergies or intolerances. For full details visit <https://tkmenus.com/apry>. TRG Concessions only use RSPCA Assured™ shell eggs in our restaurants. This means we use suppliers and farmers that adhere to the RSPCA welfare standard and have been checked by RSPCA assessors.

We accept all major credit cards and currencies. Our prices include VAT at the current rate. All prices are in pound sterling. Gratuity is discretionary and all tips are kept by your server. We welcome your feedback: Email: concessions@trgplc.com Post: TRG Concessions, 5-7 Marshelsea Road, London SE1 1EP www.trgconcessions.co.uk | 0425

STARTERS

Crispy Salt & Chilli Squid | 11.25

Sweet chilli and coriander sauce 583 kcal

Hand-cut Tortilla Chips | 8.5

Smashed avocado, tomato salsa, crème fraiche 359 kcal (v)

Turmeric Hummus

& Crudites | 8.25

Toasted sourdough, za'atar spices, oil 571 kcal (pb)

Crispy Halloumi Fries | 8.75

Hot honey, pomegranate, mint 770 kcal (v)

Southern Fried Chicken

Tenders | 9.25

Sriracha mayo 503 kcal

ALL DAY BRUNCH

All Day Brunch | 14.5

Back bacon, Cumberland sausage, Bury black pudding, skin-on fries, fried egg 945 kcal or scrambled egg 1118 kcal

Avocado Smash | 11.75

Smashed avocado, tomato salsa, sourdough toast, nigella seeds, pickled red onions, basil oil 638 kcal (pb)

GF available +46 kcal (v) (gf)

Add bacon +194 kcal (gf) for £3

MAINS

Beef Burger | 16.25

Cheese, caramelised onion chutney, spiced mayo, lettuce, pickles, skin-on fries 1296 kcal

Upgrade to truffle fries +233 kcal for £1

Fable Mushroom Burger | 15.75

Applewood Vegan® cheddar, caramelised onion chutney, vegan mayo, lettuce, pickles, skin-on fries 1082 kcal (pb)

Upgrade to truffle fries +233 kcal (v) for £1

Moroccan Vegetable Stew | 15.5

Butternut squash, carrots, onion, spiced tomato sauce, vegan-style feta, sliced chilli, za'atar spices, basmati rice 416 kcal (pb)

Roasted Chicken Breast | 17.5

Gran levanto mash, green beans, garlic crumb, red wine jus, truffle oil 732 kcal

SANDWICHES

Served with skin-on fries. Upgrade to truffle fries +233 kcal for £1

Grilled Chicken & Chorizo | 14.75

Spiced mayo, tomato, lettuce, white bloomer bread 1126 kcal

Hot Honey Halloumi | 13.75

Smashed avocado, tomato, lemon mayo, lettuce, white bloomer bread 1197 kcal (v)

Battered Fish Finger* | 14.5

Lemon mayo, pickles, watercress, white bloomer bread, minted mushy peas 1220 kcal

SALADS

Grilled Chicken Caesar | 14.75

Traditional Caesar dressing, crispy bacon, gem lettuce, gran levanto, sourdough croutons 599 kcal

Avocado & Grains | 13.25

Slow-roasted tomatoes, radish, cucumber, pomegranate, mixed leaves, mustard and agave dressing 452 kcal (pb)

Add grilled chicken +212 kcal for £3.5 | Add halloumi +254 kcal (v) for £3

SIDES

Green Beans & Garlic Crumb | 4.75

Skin-on Fries | 4.75

Side Salad | 4.5

Baby gem lettuce, cherry tomatoes, cucumber, radish 278 kcal (v) (gf)

Truffle Fries | 5.75

Truffle oil, gran levanto 622 kcal (v) (gf)

DESSERTS

Sticky Toffee Pudding | 10

Vanilla ice cream 647 kcal (v)

Ice cream (v) | 6.5

3 scoops of: Chocolate 85 kcal | Vanilla 83 kcal | Strawberry 84 kcal

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