

KIDS



- THE -
BRIDGEWATER EXCHANGE
• MANCHESTER •

BREAKFAST *Served until 11am*

Mini Full English 7.25

Choose 4 items from:

Bacon (86 kcal) | Sausage (182 kcal) | Veggie Sausage **VG** (59 kcal) |
Baked beans **VG** (74 kcal) | Fried egg **V** (121 kcal) |
Scrambled eggs **V** (174 kcal) | Potato tots **VG** (211 kcal) |
Roasted tomato **VG** (20 kcal) | White Toast **V** (179 kcal) |
Brown Toast **V** (180 kcal) | Gluten free toast **V,NG** (167 kcal)

Lil Eggs on Toast **V** 8.00

Choose white, brown or gluten free **NG** (332 kcal)

Mini Morning Granola **VG,NG** 6.75

Coconut yoghurt with oat granola, peach & apricot compote and blueberries (215 kcal)

Proper Pancakes 7.00

Fresh and fluffy topped with:

Bacon & Maple-Flavoured Syrup (682 kcal)
Cherry & Chocolate **V** (437 kcal)

MAIN MEAL 9.00

Choose your main + one potato side + one veggie side

Ham & Fried Egg **NG** (213 kcal)

Mini Chicken & Ham Pie with Onion Gravy (659 kcal)

Pasta Bake **V** (300 kcal)

Sausage & Onion Gravy (381 kcal)

Veggie Sausage **VG,NG** (118 kcal)

Beef Burger (534 kcal)

Add cheese (+ 84 kcal)

Grilled Chicken (137 kcal)

Fish Fingers† (217 kcal)

POTATO SIDES

Skin on Fries **VG,NG** (178 kcal)

Mash **V,NG** (121 kcal)

VEGGIE SIDES

Baked Beans **VG,NG** (37 kcal)

Side Salad **VG,NG** (12 kcal)

Vegetables **V,NG** (70 kcal)

KIDS PUDS 4.00

Chocolate Brownie **V,NG**
with vanilla ice cream and
chocolate sauce (474 kcal)

Ice Cream **NG**

Two scoops of your choice from:

Vanilla **V** (128 kcal) | Chocolate **V** (126 kcal) |
Strawberry **V** (129 kcal) | Vegan Vanilla **VG** (133 kcal)

DRINKS

Fruit Juice 2.40

Apple (64 kcal) | Orange (62 kcal) | Pineapple (68 kcal) |
Cranberry* (81 kcal)

Still or Sparkling Water (0 kcal) **3.75**

Squash 1.10

Orange (3 kcal) | Blackcurrant (4 kcal)

Milk 1.80

Semi-skimmed (68 kcal) | Coconut (47 kcal)

V Vegetarian **VG** Vegan **NG** Made with ingredients that do not intentionally contain gluten *Juice drink †Fish dishes may contain small bones

If you have any food allergies or intolerances please speak to a member of the team before you order, and ask to see our interactive allergen guide with the 14 legally defined allergens. We take every care to prevent cross-contamination but can't guarantee your dish will be free from allergenic ingredients as our food and drinks are prepared in busy kitchens where cross-contamination may occur. Menu descriptions don't list all ingredients, and recipes are subject to change.

For full allergen and nutritional information visit tkmenus.com/bridgewater.

Prices stated are GBP and include VAT at the current rate. All major credit cards and currencies accepted. Gratuities are discretionary and distributed 100% to our team. We welcome your feedback - email: guestexperience@trgplc.com or post: trgc, 5-7 Marshalsea Road, London, SE1 1EP www.trgconcessions.co.uk | 0426