





SIGNATURE DISHES

the jones big english eggs your way served with sausages, bacon, sautéed mushrooms, baked beans, cherry tomatoes, hash browns & sourdough toast 1144 kcal	21
jones veggie breakfast  eggs your way served with vegetable sausages, vegan bacon, sautéed mushrooms, baked beans, cherry tomatoes, hash browns & sourdough toast 898 kcal	21
jones vegan breakfast  smashed avo served with vegetable sausages, vegan bacon, sautéed mushrooms, baked beans, cherry tomatoes & sourdough toast 725 kcal	19
jones avocado toast  toasted sourdough topped with avocado, cherry tomatoes, pickled cucumber, herby labneh, zhoug & sumac 503 kcal also available on gluten free toast 586 kcal   add on: poached eggs 154 kcal 	11.50
the best breakfast roll bacon, sausages, sautéed mushrooms & fried egg 1110 kcal add on: hash browns 262 kcal	12
mushroom & hummus sourdough  toasted sourdough toast topped with sautéed mushrooms, red pepper hummus & basil nut pesto dressing 542 kcal also available on gluten free toast 626 kcal   add on: honey halloumi 389 kcal  add on: poached eggs 154 kcal 	11.50
	3.80
	2.50

PERFECT EGGS

anatolia eggs herbed labneh topped with poached eggs, grilled chorizo, herb salad, togarashi avo, red pepper sauce, sumac & sourdough toast 1113 kcal	15
something smashing   sambal roasted sweet potato topped with smashed avo, poached eggs, feta, pickled radish & omega seeds 619 kcal	14
feta omelette smoked chicken, red pepper tapenade, baby spinach, herb salad, crispy onions, balsamic glaze & sourdough toast 668 kcal	14.75
the benny new york croissant roll topped with poached eggs, bacon, hollandaise, crispy onions & chives 715 kcal	14.30
smoked salmon florentine new york croissant roll topped with poached eggs, smoked salmon, wilted spinach, hollandaise & togarashi avo 782 kcal	18.50



A BIT ON THE SIDE

toast with butter  gluten free 335 kcal  or sourdough 205 kcal or wholemeal sourdough 166 kcal add on: a tasty preserve - ask for the selection available 	3.80
	1
hash browns 263 kcal 	3.80

SOMETHING SWEET

maple french toast  brioche topped with vanilla custard, blueberries, strawberry & maple flavour syrup 649 kcal	15
chocolate crumble pancakes  homemade buttermilk pancakes with dark chocolate sauce, vanilla mascarpone, fresh berries & crumble topping 971 kcal	12.50
maple berry pancakes  homemade buttermilk pancakes topped with vanilla mascarpone, blueberry compote, fresh red berries & maple flavour syrup 870 kcal	12.50

WELLNESS WAKE UPS

coconut granola bowl   coconut yoghurt layered with maple granola, peach & apricot compote, banana, kiwi, berries & a sprinkle of matcha 769 kcal	12.50
ancient grain bowl  gochujang glazed eggplant with red pepper hummus, zhoug, mixed grain salad, pickled radish & togarashi avo 904 kcal add on: poached eggs 154 kcal 	13
	2.50

FRESH FROM THE OVEN

butter croissant 352 kcal 	3.40
pain au chocolat 386 kcal 	3.80
almond croissant 387 kcal 	3.80
add on: a tasty preserve ask for the selection available 	1



HOT DRINKS

includes a buttery shortbread biscuit  37 kcal

espresso 1 kcal	3.50	café latte	4.25 4.75
		sml 71 kcal lrg 115 kcal	
double espresso 1 kcal	3.95	chai latte 206 kcal	5
macchiato 5 kcal	3.50	matcha latte 122 kcal	5
cortado 18 kcal	3.50	spanish latte 222 kcal	5
piccolo 31 kcal	3.50	café mocha 193 kcal	5
americano	3.95 4.50	hot chocolate 247 kcal	5
sml 1 kcal lrg 1 kcal		babyccino 64 kcal	2
flat white	4.25 4.75	make it special: flavoured syrups 82 kcal	1
sml 53 kcal lrg 102 kcal		vanilla caramel hazelnut	
cappuccino	4.25 4.75		
sml 57 kcal lrg 92 kcal			



decaf coffee, almond, oat & coconut milk alternatives available

JONES TEAS

includes a buttery shortbread biscuit  37 kcal

english breakfast 18 kcal	3.50
earl grey 18 kcal	3.50
chamomile 0 kcal	3.80
green 0 kcal	3.80
lemon 0 kcal	3.80
berry 0 kcal	3.80

COCKTAILS AT DAWN

bloody mary 	12
vodka, spicy tomato juice, celery, tomato, olive & a pickle	
virgin mary 	8
mimosa	9.90
prosecco, orange juice	

 vegan  vegetarian  no gluten containing ingredients  contains chilli

If you have any food allergies or intolerances please speak to a member of the team before you order. Adults need around 2000 kcal a day.

CHILLIXIRS

jones lemonade  	5.30
freshly squeezed lemonade 123 kcal	
basil lemonade  	5.30
freshly squeezed lemonade with basil 123 kcal	
ginger tonic  	6
ginger, lemon, honey & soda water 70 kcal	
passion fruit spritz  	6
passion fruit, mango, pineapple juice & soda water 74 kcal	

SODAS

belvoir ginger beer 88 kcal  	4.50
belvoir sparkling elderflower presse 88 kcal  	4.50
belvoir raspberry lemonade 83 kcal  	4.50
coke 182 kcal  	4.80
diet coke 1 kcal  	4.65
coke zero 1 kcal  	4.65
sprite zero 4 kcal  	4.65

MINERAL WATER

still 0 kcal  	3.65
sparkling 0 kcal  	3.65

SMOOTHIES

sunrise paradise  	7.25
mango, pineapple, passion fruit, strawberry & apple 252 kcal	
berry blast  	7.25
strawberry, raspberry, blackberry, banana, yoghurt & honey 299 kcal	
clean green  	7.25
mango, spinach, broccoli, avocado, coconut, ginger, lime & apple 176 kcal	

ICED COFFEE

iced americano 1 kcal	4
iced spanish latte 376 kcal	4.50
iced latte 93 kcal	4.50
iced matcha latte 114 kcal	5

FRUIT JUICES

fresh orange 120 kcal  	5
cloudy apple 150 kcal  	5
pineapple 148 kcal  	4
spicy tomato 45 kcal  	4.25



If you have any food allergies or intolerances please speak to a member of the team before you order, and ask to see our interactive allergen guide with the 14 legally defined allergens. We take every care to prevent cross-contamination but can't guarantee your dish will be free from allergenic ingredients as our food and drinks are prepared in busy kitchens where cross-contamination may occur. Menu descriptions don't list all ingredients, and recipes are subject to change. Adults need around 2000 kcal a day. For full allergen and nutritional information visit tkmenus.com/jones. Prices stated are GBP and include VAT at the current rate. All major credit cards and currencies accepted. Gratuities are discretionary and distributed 100% to our team. We welcome your feedback - email: guestexperience@trgplc.com or post: trgc, 5-7 Marshalsea Road, London, SE1 1EP www.trgconcessions.co.uk | 0426

breakfast with intent