

# Sonoma

BREAKFAST

LET US KNOW IF YOU'RE IN A HURRY OR ASK FOR THE BILL WHEN ORDERING.

WE AIM TO SERVE ALL DISHES WITHIN 10 MINUTES

## TO START YOUR MORNING

**BLOODY MARY 13.50**  
a blend of vodka, tomato juice + spicy seasoning, served with celery

**PEACH + ELDERFLOWER BELLINI 11.50**  
sparkling wine, white peach syrup + elderflower cordial

**MIMOSA 11.50**  
sparkling wine + orange juice

## SIGNATURE SIPS

**MATCHA LATTE 4.80**  
served hot or cold 98 kcal

**FOCUSED CHAI LATTE 126 kcal 4.80**

**ICED VANILLA OAT LATTE 4.60**  
double espresso, oat milk, vanilla 181 kcal

**SUNSHINE VALLEY ICED TEA 4.60**  
chamomile + green tea, mango, lime, mint 127 kcal

## CLASSIC COFFEE + TEA

**FLAT WHITE 88 kcal 4.30**

**CAREFREE CAPPUCINO 175 kcal 4.30**

**ARABICA FILTER 1 kcal 3.60**

**AWAKE ESPRESSO 1 kcal 3.60**

**ALL DAY AMERICANO 1 kcal 4.10**

**LOVELY CAFFE LATTE 176 kcal 4.30**

**MARVELLOUS MOCHA 237 kcal 4.80**

**HAPPY HOT CHOCOLATE 4.80**  
choose from: oat (vg) 249 kcal, coconut (vg) 177 kcal or semi-skimmed milk (v) 225 kcal

**YORKSHIRE TEA 0 kcal 3.70**

**TEA PIGS 0 kcal 3.80**  
superfruit, chamomile flowers, peppermint leaves, mao feng green tea, darjeeling earl grey

Decaf coffee, oat and coconut milk alternatives are available on request - please ask the server when placing your order

## SMOOTHIES + SODAS

**CLASSIC GREEN 6.00**  
kale, spinach, mango, apple 169 kcal

**HIPPIE CHILD 6.00**  
passion fruit, pineapple, mango, apple 184 kcal

**FRESNO FRESH 6.00**  
apple juice, elderflower, lemon, soda, mint 121 kcal

**COCO-OATY CALI 6.00**  
oat drink, coconut yoghurt, rolled oats, chia, chocolate, cinnamon 478 kcal

**SONOMA SUNRISE 6.00**  
mango puree, passion fruit syrup, lemon juice, soda 392 kcal

## SOMETHING ON THE SIDE

**CROISSANT, JAM + BUTTER (v) 398 kcal 4.00**

**PAIN AU CHOCOLAT (v) 386 kcal 4.10**

**PAIN AU RAISIN (v) 360 kcal 4.10**

**CINNAMON SWIRL (v) 411 kcal 4.10**

**SOURDOUGH TOAST + BUTTER (v) 410 kcal 3.60**  
+ a tasty preserve - ask for today's selection 1.00

**HASH BROWNS (vg)(ng) 222 kcal 4.00**

## SWEET START

**ACAI CHERRY PANCAKES (v) 10.75**  
acai sorbet, cherry compote + homemade fruit granola crunch 434 kcal  
+ bacon +194 kcal 2.75

**BLUEBERRY + BANANA PANCAKES (v) 10.75**  
blueberries, banana + maple-flavoured syrup 489 kcal  
+ bacon +194 kcal 2.75

**BRIOCHE FRENCH TOAST (v) 12.50**  
cherry compote, labneh + fresh berries 743 kcal

**ADD A FRESH ORANGE JUICE 5.00 134 kcal**

## FRESH MORNINGS

**RISE + SHINE BURRITO 15.00**  
scrambled egg, bacon, avocado, hash browns + cheese wrapped in a flour tortilla, topped with chipotle sauce, sour cream, pico de gallo + coriander 935 kcal

**MEXICAN EGGS (v) 15.00**  
fried eggs, black beans, avocado smash, red pepper relish, jalapeños + melted cheese on soft warm tortillas 950 kcal

**SUNSHINE EGGS ROYALE 16.00**  
smoked salmon, poached eggs, avocado, hollandaise + dill on a toasted cruffin 736 kcal

**MARKET GREENS DELI (v) 14.60**  
spinach, rocket, swiss cheese, pickles + mustard bechamel in a classic sourdough toasted sandwich 623 kcal

## BOWLS + GRAINS

**SALMON POKE BOWL 16.50**  
teriyaki salmon fillet, brown rice, radish, cucumber, edamame, avocado, pink pickled onions, spring onion, coriander, chilli oil + togarashi 892 kcal  
swap your salmon for crispy tofu -350 kcal 13.00

**OVERNIGHT OATS (vg)(ng) 9.80**  
apple soaked gf oats + chia seeds, coconut yoghurt, cherry compote, fresh berries + omega seeds 662 kcal

**MORNING ACAI SORBET BOWL (vg)(ng) 11.20**  
acai sorbet, blueberries, melon, banana, strawberries, homemade oat granola, coconut yoghurt + chia seeds 404 kcal

## FARM TOASTS

**BIG SUR POACHED SALMON 15.00**  
flaked poached salmon, avocado, labneh, soft boiled egg, basil oil, watercress + capers in puccia bread 830 kcal

**CHICKEN BLT<sup>†</sup> 14.60**  
shredded rotisserie chicken, crispy bacon, lettuce, tomato + garlic aioli in toasted sourdough 1037 kcal

**WEST COAST SMASH (v) 14.40**  
red pepper relish, homemade hummus, avocado, rocket, omega seeds + basil oil on classic sourdough toast 870 kcal

## BREAKFAST CLASSICS

**SONOMA COUNTRY BREAKFAST 18.25**  
bacon, cumberland sausages, mixed mushrooms, Heinz baked beans, hash browns + classic sourdough toast with fried eggs 1362 kcal or scrambled eggs 1282 kcal

**MORNING BREAKFAST PLATE 16.25**  
bacon, cumberland sausage, mixed mushrooms, Heinz baked beans + a hash brown with fried eggs 767 kcal or scrambled eggs 783 kcal  
+ a slice of sourdough toast +159 kcal 2.00

**VEGGIE BREAKFAST (v) 15.50**  
avocado smash, mixed mushrooms, vegetable sausage, vegan bacon, Heinz baked beans, hash browns + classic sourdough toast with fried eggs 1149 kcal or scrambled eggs 1069 kcal

**MAKE IT VEGAN - swap your eggs to crispy tofu (vg) 993 kcal**

**MORNING HARVEST OMELETTE (v)(ng) 15.00**  
classic folded omelette with cherry tomatoes, spinach, avocado, vegan-style feta, spring onions, chives, watercress + basil oil 612 kcal  
+ bacon (ng) +194 kcal 2.75  
+ a slice of sourdough toast (v) +159 kcal 2.00

**PETALUMA SUNRISE (v) 16.00**  
free range fried eggs, avocado, tabbouleh, homemade hummus, harissa yoghurt + olives with mixed leaves, agave mustard dressing + toasted ciabatta 1426 kcal

**ADD A BREAKFAST MIMOSA 11.50**

(v) = vegetarian (vg) = vegan (ng) = made with ingredients that do not intentionally contain gluten  
\*juice drink † may contain small bones

If you have any food allergies or intolerances please speak to a member of the team before you order, and ask to see our interactive allergen guide with the 14 legally defined allergens. We take every care to prevent cross-contamination but can't guarantee your dish will be free from allergenic ingredients as our food and drinks are prepared in busy kitchens where cross-contamination may occur. Menu descriptions don't list all ingredients, and recipes are subject to change. Adults need around 2000 kcal per day. For full allergen and nutritional information visit [tkmenus.com/sonoma](http://tkmenus.com/sonoma).

Prices stated are GBP and include VAT at the current rate. All major credit cards and currencies accepted. Gratuities are discretionary and distributed 100% to our team. We welcome your feedback - email: [guestexperience@trgplc.com](mailto:guestexperience@trgplc.com) or post: trgc, 5-7 Marshalsea Road, London, SE1 1EP [www.trgconcessions.co.uk](http://www.trgconcessions.co.uk) | 0326



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