



SUSSEX HOUSE

KITCHEN AND BAR

Kids Menu

Recommended for ages 10 and under
Drink included with every kids breakfast or main - choose from the selection below

KIDS BREAKFAST *Served until 11am*

BUILD YOUR OWN BREAKFAST 8.50

Choose **FOUR** of your favourite breakfast items:

Streaky bacon 41 kcal (GC) | Sausage 182 kcal | Veggie sausage 64 kcal (VG) (GC)
Garlic and herb mushrooms 53 kcal (VG) (GC) | Baked beans 37 kcal (VG) (GC) | Hash brown 111 kcal (VG) (GC)
Fried egg 121 kcal (V) (GC) | Scrambled egg 117 kcal (V) (GC) | White toast 175 kcal (V) | Brown toast 165 kcal (V) | Gluten free toast 152 kcal (V) (GC) | Crumpet loaf toast 159 kcal (V)

SCRAMBLED EGGS ON TOAST (V) 7.25

Light and fluffy eggs, served on white toast 320 kcal, brown toast 311 kcal or gluten free toast 298 kcal (GC)

THICK & FLUFFY PANCAKES 7.25

American-style pancakes with your choice of:

Maple-flavoured syrup 287 kcal (V) | Streaky bacon and maple-flavoured syrup 370 kcal
Chocolate sauce, clotted cream and sour cherry compote 424 kcal (V)

BANANA & GRANOLA TOAST (V) 7.25

Sliced banana and Wowbutter^(R) toasted soya spread on toasted crumpet loaf, sprinkled with fruit and nut granola 250 kcal

KIDS MAINS *Served from 11am*

BURGER 8.50

Beef 658 kcal or chicken 624 kcal burger, served in a wholemeal bun with mayo and baby gem lettuce

FISH GOUJONS 217 kcal 8.00

CHEESY PASTA BAKE 300 kcal (V) 8.00

HERBY ROASTED CHICKEN & ONION GRAVY 197 kcal 8.00

SAUSAGES & ONION GRAVY 381 kcal 8.00

VEGGIE SAUSAGES 128 kcal (VG) (GC) 8.00

Choose
your main
+
a potato side
+
a veggie side

POTATO SIDES

Chips 178 kcal (VG) (GC) | Mash potato 148 kcal (V) (GC)
Sweet potato wedges 178 kcal (VG) (GC)

VEGGIE SIDES

Garden peas 30 kcal (VG) (GC) | Salad 33 kcal (VG) (GC)
Baked beans 37 kcal (VG) (GC)

DRINKS

SQUASH

Orange 3 kcal | Blackcurrant 4 kcal

MILK

Semi-skimmed 109 kcal | Coconut 73 kcal | Oat 127 kcal

UPGRADE TO FRUIT JUICE +1.00

Orange 98 kcal | Apple 100 kcal | Pineapple 109 kcal
Cranberry juice drink 129 kcal

DESSERTS

CHOCOLATE FUDGE CAKE (V) 4.75

Served warm with chocolate sauce and a scoop of vanilla ice cream 439 kcal

ICE CREAM (VG) (GC) 3.75

Two scoops of: Chocolate 82 kcal | Vanilla 133 kcal
Strawberry 93 kcal | Salted caramel 119 kcal

(V) = VEGETARIAN: these products do not contain any meat or fish. (VG) = VEGAN: these dishes are made from ingredients that do not contain any animal products. (GC) = GLUTEN CONSCIOUS: these dishes are made from ingredients which do not contain gluten, however we do not have dedicated preparation or cooking areas in our kitchens for vegetarian, vegan or gluten conscious food. Not all ingredients are shown in the dish descriptions. All dishes on this menu are subject to ingredient availability. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you to speak to a member of staff if you have any food allergies or intolerances. For full details visit <https://tkmenus.com/sussexhouse>. +Our fish is a natural product and may contain small bones. We are happy to provide you with allergen guidelines for all our menu items. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website. All prices are in Pounds Sterling. | 0325