



BREAKFAST MENU

MORNING EGGS

EGGS BENEDICT £13.75

Poached eggs, back bacon and hollandaise on an English muffin **694 kcal**

Go **gluten free** swap muffin for GF toast (NG) **738 kcal**

EGGS ROYALE £14.25

Poached eggs, smoked salmon and hollandaise on an English muffin **555 kcal**

Go **gluten free** swap muffin for GF toast (NG) **632 kcal**

WORLD BREAKFAST PLATES

FRENCH TOAST £13.00 (V)

Brioche french toast, labneh, apricot & peach compote, raspberries, honey and omega seeds

617 kcal

HUEVOS RANCHEROS £13.00 (V)

Soft tortilla with mushrooms, black beans, sweetcorn, cheese, smashed avocado, pico de gallo, cayenne ranch and fried eggs **926 kcal**

BREKKIE BURRITTO £12.00

Scrambled eggs, Cumberland sausage, black bean chilli and sweetcorn in a flour tortilla, topped with melted cheese, pico de gallo, jalapeños and smashed avocado **803 kcal**

Add: Crispy potato tots **+£4.75 475 kcal**

SPICY CHORIZO EGGS £13.00

Diced chorizo, kale and cherry tomatoes on creamy labneh, topped with poached eggs, pickled pink onions, chilli oil and Middle Eastern spices. Served with flatbread **1025 kcal**

WE AIM TO SERVE ALL DISHES IN 10 MINUTES!

Let your server know if you're in a hurry or ask for the bill. when ordering.

CLASSIC BREAKFASTS

BIG ENGLISH BREAKFAST £16.75

Double back bacon, Cumberland sausages, mushrooms, roasted plum tomato, hash browns, baked beans and eggs

Choose: Fried eggs **1164 kcal**

Scrambled eggs **1078 kcal**

GIRAFFE BREAKFAST PLATE £14.50

Back bacon, Cumberland sausage, mushrooms, roasted plum tomato, hash brown, baked beans and eggs

Choose: Fried eggs **774 kcal**

Scrambled eggs **688 kcal**

GLUTEN FREE BREAKFAST £14.50 (NG)

Eggs, roasted plum tomato, baked beans, mushrooms, smashed avocado and back bacon

Choose: Fried eggs **756 kcal**

Scrambled eggs **669 kcal**

VEGGIE BREAKFAST PLATE £14.50 (V NG)

Smashed avocado, veggie sausages, mushrooms, roasted plum tomato, hash browns, baked beans and eggs

Choose: Fried eggs **815 kcal** | Scrambled eggs **728 kcal**

Go **vegan** swap eggs for another veggie sausage

(VG) **631 kcal**

FULL WORKS BAP £10.75

Double back bacon, Cumberland sausage and a fried egg served with hash browns **970 kcal**

Add: Crispy potato tots **+£4.75 475 kcal**

GIRAFFE BREAKFAST HASH £13.25

Crispy potato tots with Cumberland sausage, fried peppers, onions, fresh chillis, padron peppers and spinach tossed with house breakfast sauce. All topped with a fried egg and our cayenne ranch

905 kcal

ADD ONS

CRISPY POTATO TOTS £4.75 (V NG) 475 kcal

ALL BUTTER CROISSANT £3.25 (V) 398 kcal

FRESH PASTRIES £3.25 (V)

Ask your server what has been baked in-house today

TOAST & BUTTER £3.50 (V)

Choose: White | Brown | Gluten free (NG) **341 kcal**

Add: A tasty preserve - ask your server for our selection **+£1.00**

HEALTHY MORNING

GRANOLA £7.75 (VG NG)

Crunchy granola with coconut yoghurt, strawberries, blueberries and pomegranate seeds **546 kcal**

SALMON & CREAM CHEESE £12.50

Smoked salmon with lemon & dill cream cheese and cucumber ribbons. Served on a toasted brown bloomer **336 kcal**

Go **gluten free** swap bloomer for GF toast (NG) **459 kcal**

APRICOT, BANANA & BERRY PORRIDGE £7.75 (VG NG)

A fruity twist on the traditional breakfast porridge - topped with banana, strawberries, apricot & peach compote, coconut yoghurt and drizzled with sweet agave syrup **437 kcal**

AVOCADO SMASH £12.00 (VG)

Toasted brown bloomer topped with smashed avocado, pico de gallo, cucumber ribbons, pomegranate and omega seeds **327 kcal**

Add: Poached eggs (V NG) **+£2.75 154 kcal**

Halloumi (V NG) **+£2.75 239 kcal**

Smoked salmon (NG) **+£4.75 96 kcal**

Go **gluten free** swap bloomer for GF toast (V NG) **448 kcal**

AMERICAN STYLE PANCAKES

CHOCOLATE, STRAWBERRY & BANANA £12.00 (V)

Made with NUTELLA® **773 kcal**

THE MAPLE BUTTER £12.00 (V)

With creamy maple-flavoured butter and syrup **948 kcal**

BISCUIT & WHITE CHOCOLATE £12.00 (V)

With white chocolate sauce, Biscoff® spread, clotted cream, Biscoff® crumb and fresh strawberry **1217 kcal**

BREAKFAST TIPPLES

BLOODY MARY £9.85

Vodka with tomato juice, black pepper and celery, served with Tabasco on the side

MIMOSA £8.75

Prosecco and orange juice

GO CONTACTLESS

PAYATGIRAFFE.COM

Scan here to order and pay online

OR use contactless card payment



V = Vegetarian

VG = Vegan

NG = Made with ingredients that do not intentionally contain gluten.

If you have any food allergies or intolerances please speak to a member of the team before you order. Adults need around 2000 kcal a day.

SUNSHINE SMOOTHIES

SMALL **£6.50** LARGE **£7.00**

Our smoothies are made from fruit and blended with apple juice to make a delicious icy fruit drink

STRAWBERRY SPLIT

A luscious mix of strawberries and banana
176 kcal / 184 kcal

PASH 'N' SHOOT

A delicious tropical concoction of passion fruit, pineapple and mango **162 kcal / 184 kcal**

BLUEBERRY THRILL

Blueberries, banana, raspberries and flax seeds
194 kcal / 216 kcal

AVO GO GO

Velvety avocado, broccoli, spinach, mango, coconut, lime and ginger **196 kcal / 218 kcal**

CHERRY POPPINS

Cherries, berries and mango **158 kcal / 180 kcal**

UNROOTED MIGHTY GINGER SHOT £3.75

It may be small, but it sure is mighty! A 60ml ginger and chilli wake up shot for a natural kick of energy, boosted with nutritious African baobab to support your immune system **13 kcal**

THIRST QUENCHERS

FRESH LEMONADE WITH MINT £4.25

Cloudy and refreshing **65 kcal**

SUNSHINE COAST ICED TEA £6.50

Ice-cold chamomile & green tea with mango, lime and fresh mint **48 kcal**

POMEGRANATE ICED TEA £6.50

Served ice-cold with a little lemon, pomegranate juice and fresh mint **51 kcal**

FRESH ORANGE JUICE £4.75 120 kcal / £5.75 154 kcal

CLOUDY APPLE JUICE £4.75 150 kcal / £5.75 193 kcal

GUAVA JUICE £4.25 142 kcal / £5.25 190 kcal

PINEAPPLE JUICE £4.25 148 kcal / £5.25 197 kcal

CRANBERRY JUICE* £4.25 176 kcal / £5.25 234 kcal

POMEGRANATE JUICE* £4.25 150 kcal / £5.25 193 kcal

STILL WATER £3.30 0 kcal

SPARKLING WATER £3.30 0 kcal

DIET COKE £4.25 1 kcal

COKE ZERO £4.25 1 kcal

SLIMLINE LEMONADE £4.25 5 kcal

COCA COLA £4.50 182 kcal

COFFEES

FLAT WHITE £4.25 108 kcal

ESPRESSO SINGLE £3.55 0 kcal

AMERICANO £3.80 12 kcal

CAPPUCCINO £4.25 147 kcal

CAFFÈ LATTE £4.25 147 kcal

MATCHA LATTE £4.35

Hot **153 kcal** / Iced **178 kcal**

MACCHIATO SINGLE £3.55 7 kcal

PICCOLO £3.00 74 kcal

MOCHA £4.35 203 kcal

CLASSIC ICED COFFEE £4.35 0 kcal

OTHER CUPPAS

HOT CHOCOLATE £4.35 227 kcal

Add: Marshmallows and cream **+£1.00 33 kcal**

YORKSHIRE TEA £3.55 12 kcal

TEAPIGS £3.55 0 kcal

Please ask your server for the selection of teas available

'MOROCCAN' FRESH MINT TEA £3.55 4 kcal

ADD ONS £1.00

+ Vanilla **85 kcal**, hazelnut **86 kcal** or caramel syrup **85 kcal**

Coconut and oat milk alternatives available

(V) = Vegetarian. (VG) = Vegan. (NG) = Made with ingredients that do not intentionally contain gluten. * Juice drink

If you have any food allergies or intolerances please speak to a member of the team before you order, and ask to see our interactive allergen guide with the 14 legally defined allergens. We take every care to prevent cross-contamination but can't guarantee your dish will be free from allergenic ingredients as our food and drinks are prepared in busy kitchens where cross-contamination may occur. Menu descriptions don't list all ingredients, and recipes are subject to change. Adults need around 2000 kcal per day. For full allergen and nutritional information visit tkmenus.com/giraffe.

Prices stated are GBP and include VAT at the current rate. All major credit cards and currencies accepted. Gratuities are discretionary and distributed 100% to our team. We welcome your feedback - email: guestexperience@trgplc.com or post: trgc, 5-7 Marshalsea Road, London, SE1 1EP www.trgconcessions.co.uk | 1025