

# MAIN MENU

- THE -  
BRIDGEWATER EXCHANGE

• MANCHESTER •

# Small Eats

## Ultimate Bridgewater Nachos V 11.00

Hand-cut tortilla chips with cheese, tomato salsa, smashed avocado and sour cream, topped with fresh chillies, coriander and spring onion (1356 kcal)

Add Bury black pudding (+138 kcal) 2.50

## Honey Mustard Sausages 6.00

Chipolatas in hot honey grain mustard, topped with sesame seeds (643 kcal)

## Pretzel Bites 7.00

Served with Joseph Holt beer cheese sauce for dipping (393 kcal)

## Halloumi Fries V 7.00

Served with tomato chilli chutney (590 kcal)

## Hummus & Crudities VG 6.75

Served with fresh cut radishes, carrots, cucumber and toasted flatbread (642 kcal)

## Buttermilk Chicken Tenders 7.50

Topped with your choice of:  
Hot sauce & cheesy crisp crumb (846 kcal)  
or BBQ Sauce (771 kcal)

## Panko Coated Prawns 9.00

Served with herby mayo (528 kcal)

## Cauliflower Bites VG 6.75

Crispy cauliflower bites served with herby mayo (424 kcal)

## FISH & FIELD

### Beer Battered Fish & Chips† 19.75

Hand battered with Joseph Holt Ale batter and served with Manchester caviar (mushy peas!), tartare sauce and a fresh lemon wedge (1213 kcal)

Add curry sauce (+34 kcal) 1.75

Add bread & butter (+350 kcal) 2.50

### Fish Finger Sandwich† 11.00

Battered cod fish fingers with lemon mayo, watercress and gherkins in thick bloomer bread. Served with skin on fries and mushy peas (1200 kcal)

### Veg Market Brunch VG 14.75

Vegan sausages, roasted peppers, flat mushroom, smashed avocado, roasted tomato, skin-on fries, mixed grains and baked beans (917 kcal)

Add fried or scrambled eggs V (+257 kcal) 2.25

### Cheese & Onion Pie V 15.50

Proper melty cheese and onion shortcrust pastry pie served with fresh buttery mash, ale onion gravy and garden veg (1154 kcal)

### Veg Makhani VG 14.50

Lightly spiced makhani curry with mixed garden veg. Served with basmati rice, garlic & coriander naan and mango chutney (884 kcal)

Go non gluten!

Our delicious curry without the naan NG (751 kcal) 13.50

### Grains & Greens Salad VG 12.00

Mixed grains, avocado and carrot with mixed leaves in an agave mustard dressing (548 kcal)

Add marinated chicken breast (+506 kcal) 4.00

Add fried halloumi V (+382 kcal) 3.00

### Goat's Cheese Salad VG NG 13.50

Goat's cheese, beetroot, apple, cherry tomatoes, pickled pink onions, roasted peppers and mixed leaves, topped with mustard dressing and balsamic glaze (545 kcal)

*These dishes pair best with one of our refreshing white wines*

## FROM THE HERD

### Butter Chicken Curry 15.00

Lightly spiced makhani curry with tandoori chicken thigh pieces. Served with basmati rice, garlic & coriander naan and mango chutney (1225 kcal)

Go non gluten!

Ask for your curry without the naan NG (1092 kcal) 14.00

### All Day Brunch 17.50

Blakeman's Cumberland pork sausages, back bacon, Bury black pudding, fried or scrambled eggs, baked beans, flat mushroom, roasted tomato and skin-on fries (1153 kcal)

### Ham, Egg & Chips NG 14.25

Thick slices of hand-carved ham served with two fried eggs, skin-on fries and piccalilli (776 kcal)

### Bangers & Mash 15.25

Blakeman's Cumberland sausages with creamy mash, garden veg and ale onion gravy (837 kcal)

### Steak & Ale Pie 17.50

Proper rich steak and ale shortcrust pastry pie with fresh, buttery mash, ale onion gravy and garden veg (1145 kcal)

### Chicken Kebab 17.00

Herby grilled chicken, tzatziki, spiced tomato salsa and lettuce in flatbread wrap, topped with hot sauce, herby mayo, onions, herbs and pomegranate seeds.

Served with skin-on fries (973 kcal)



*Try pairing with one of our local house brews*

## BURGERS

All burgers are served with skin-on fries.

### Cheese & Bacon Burger 18.00

Our juicy beef burger with sliced tomato, red onion, baby gem lettuce, tomato and chilli relish, mayo and sliced gherkins. All topped with cheese and back bacon (1421 kcal)

### Manchester Rarebit Burger 19.50

Beef patty, back bacon, Joseph Holt rarebit sauce, beer-braised onions, mustard mayo, crispy onions and little gem lettuce (1457 kcal)

### Halloumi Burger V 17.00

Fried halloumi with lemon mayo, spiced tomato chutney, pink pickled onions and watercress (1105 kcal)

### Spicy Chicken Burger 18.50

Buttermilk chicken tenders, herby mayo, hot sauce, pink pickled onions, coriander, spring onions, chillies and little gem lettuce (1205 kcal)



For every Spicy Chicken Burger sold we'll donate 50p to 'The School Club Zambia', a UK charity that exists to support schools in Zambia and their pupils. To find out more visit [www.schoolclubzambia.org](http://www.schoolclubzambia.org)



## CHEESY TOASTIES

Topped with melted cheese and served with fries

### Three Cheese & Pickle 11.00

Cheddar cheese, mozzarella and Joseph Holt beer cheese sauce with Branston Pickle® and crispy onions in thick white bloomer bread (1096 kcal)

### Ham & Cheese 12.00

Sliced Wiltshire ham with cheddar and mozzarella cheese in thick white bloomer bread (1061 kcal)

*Looking for something lighter?  
Ask to swap your fries for side salad*

## TOP SIDES

### Skin-on Fries VG NG (333 kcal) 4.75

Add BBQ sauce VG NG (+81 kcal) 1.50

Add curry sauce V NG (+30 kcal) 1.50

Add rich onion gravy VG NG (+16 kcal) 1.50

### Mixed Vegetables V NG 4.25

Broccoli, cauliflower, carrots, green beans and mangetout (140 kcal)

### House Side Salad VG NG 4.25

Cucumber, tomatoes, mixed leaves and mint in with agave mustard dressing (26 kcal)

### Beer Battered Onion Rings V (365 kcal) 4.25

### Manchester Caviar VG NG (88 kcal) 1.50

House mushy peas

## Dead Good Puds

### Sticky Toffee Pudding V 6.75

With salted caramel sauce and vanilla ice cream (695 kcal)

### Bread & Butter Pudding V 6.75

Served with custard and vanilla ice cream (527 kcal)

### Chocolate Brownie VG NG 6.75

Served with vanilla ice cream & choc sauce (825 kcal)

### Apple Pie V 6.75

Served with custard (251 kcal)

### Ice Cream Selection NG 6.50

Three scoops of your choice from:

vanilla V (131 kcal per scoop),

chocolate V (132 kcal per scoop),

strawberry V (133 kcal per scoop),

vegan vanilla VG (137 kcal per scoop)

V Vegetarian VG Vegan NG Made with ingredients that do not intentionally contain gluten † May contain small fish bones

If you have any food allergies or intolerances please speak to a member of the team before you order, and ask to see our interactive allergen guide with the 14 legally defined allergens. We take every care to prevent cross-contamination but can't guarantee your dish will be free from allergenic ingredients as our food and drinks are prepared in busy kitchens where cross-contamination may occur. Menu descriptions don't list all ingredients, and recipes are subject to change. Adults need around 2000 kcal a day. For full allergen and nutritional information visit [tkmenus.com/bridgewater](http://tkmenus.com/bridgewater).

Prices stated are GBP and include VAT at the current rate. All major credit cards and currencies accepted. Gratuities are discretionary and distributed 100% to our team. We welcome your feedback - email: [guestexperience@trgplc.com](mailto:guestexperience@trgplc.com) or post: trgc, 5-7 Marshalsea Road, London, SE1 1EP [www.trgconcessions.co.uk](http://www.trgconcessions.co.uk) | 0426



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